

# Monthly Digest

Find information and resources that help guide your efforts in promoting brain health and supporting people living with Alzheimer's disease and related dementias, their caregivers, and families in Los Angeles County.

## News and Updates

- **New!** Dr. Zaldy Tan and colleagues published a new article titled "A Multicomponent Approach to Screening for Dementia in Older Hospitalized Patients" in the Journal of the American Geriatrics Society. Their study shows that implementing a hospital-wide screening approach combining electronic health record alerts and nurse-administered tools is feasible and effective, with more than 80% eligible patients screened and nearly one in seven screening positive for possible dementia. [Read their article here.](#)
- **Don't Miss Out!** Join Alzheimer's LA for their Faith and Health Luncheon on **Thursday, May 14<sup>th</sup>** at the West Los Angeles Cathedral from 11:00 AM - 1:30 PM. Connect with leaders and members of Black/African American churches and organizations to better understand the importance of managing blood pressure, blood sugar, and stroke risk, and their connection to Alzheimer's disease. [Register online by April 22.](#)
- **Reminder!** The National Alzheimer's and Dementia Resource Center (NADRC) recently launched the National Alzheimer's and Dementia Resource Center Webinar Compendium, a collection of dementia-related webinars hosted by NADRC from 2014–2025. The document organizes webinars by date and topic and includes descriptions, presenters, and links to recordings and materials. [Explore the resource here.](#)

## Funding Opportunities

### HILARITY FOR CHARITY: DEMENTIA CAREGIVER RESPITE PROGRAM

**Deadline: Rolling Basis**

Hilarity for Charity is offering respite grants to those providing care to loved ones living with Alzheimer's disease or other dementias. These grants cover the cost of in-home or adult day center care and have no cash value.



## Trainings and Webinars

- Apr 16**  
12 PM PST **DCA.** Cognitive Health Assessment: The Basics Live Training. [Register Now.](#)
- Apr 29**  
11 AM PST **NADRC.** Can Do! Reframing Dementia Support and Education to Focus on Strengths and Resilience. [Register Now.](#)
- May 7**  
11 AM PST **PHCOE-DC.** Successful Public Health Approaches in Dementia Caregiving: Alaska. [Register Now.](#)
- May 14**  
11 AM PST **Alzheimer's LA.** Faith & Health Luncheon. [Register Now.](#)
- May 14**  
12 PM PST **NADRC.** Addressing Cognitive Impairment and Dementia Among Homeless and Housing-Insecure Seniors. [Register Now.](#)
- May 30**  
6:30 AM PST **UMC.** Caring for People with Memory Loss Conference 2026. [Register Now.](#)



## Community Events

Get involved! Promote these events to your network.

- Apr 16**  
10 AM PST **Alzheimer's LA.** Memory Loss & Alzheimer's: Normal Aging vs. Signs of Dementia. Cerritos Senior Center. 12340 South St, Cerritos, CA 90703. [Register Now.](#)
- Apr 21**  
12 PM PST **UCLA Advance Care Planning Program.** National Healthcare Decisions Day: The UCLA Way. [Register Now.](#)
- Apr 22**  
1 PM PST **UCLA Alzheimer's and Dementia Program.** What Dementia Caregivers Need to Know About Discharge Planning. [Register Now.](#)
- Apr 27**  
10 AM PST **Alzheimer's LA.** Healthy Brain Habits: Reducing Your Risk for Alzheimer's. [Register Now.](#)
- May 8**  
3 PM PST **Alzheimer's Association.** The Empowered Caregiver: Responding to Dementia. [Register Now.](#)
- Jun 6**  
9 AM PST **Alzheimer's LA.** Early Memory Loss Virtual Conference. [Register Now.](#)

## In the Spotlight - Join the California Coalition on Family Caregiving!

The California Coalition on Family Caregiving (CaCFC), led by Donna Benton, is a statewide network of family caregivers and support organizations dedicated to improving the lives of caregivers across California.

The Coalition works to advocate for policies and services that support caregiver wellbeing while amplifying caregiver voices in state decision-making.

**If you are interested in getting involved, learn more [here.](#)**

Send success stories, achievements, or highlight ongoing initiatives to [healthybrainla@ph.lacounty.gov](mailto:healthybrainla@ph.lacounty.gov) to be featured in a spotlight.



## Featured Resources

- TOOLKIT**  
**The USC Family Caregiver Support Center - Conversations that Matter Toolkit: Talking to Family Caregivers for Healthcare Teams.**
- LEARNING MODULE**  
**University of California San Francisco's (UCSF) - Caregivers as Partners in Care Teams offers a self-paced training to help healthcare teams identify, engage, and support caregivers. Free CE/CME credits.**
- TOOLKIT**  
**Dementia Care Aware - Cognitive Health Assessment Implementation Guide is a practical step-by-guide to Cognitive Health Assessment implementation.**
- COMMUNITY RESOURCE**  
**Best Programs for Caregiving is a free online national directory of dementia care programs for dementia caregivers and professionals to discover and share.**
- LEARNING MODULE**  
**Dementia Care Aware's self-paced cognitive health assessment training and dementia mini-course. Free CE and CME/MOC credits.**
- TOOLKIT**  
**BOLD Center for Early Detection - Early Detection of Dementia Toolkit - Health Systems.**



### Got News?

Send resources and news about upcoming events or initiatives that you would like to promote in our monthly newsletter to [healthybrainla@ph.lacounty.gov](mailto:healthybrainla@ph.lacounty.gov).